

CONTENIDO	TIPO DE EXAMEN			
Todo el programa kihon Tantodori Randori	SHODAN		se espera buen desempeño en todo el Kihon de Kyu	
		TW	Jiyuwaza	ataques tipo: Aihanmi Katatedori, Gyakuhanmikatedori, Shomenuchi o Chudan Tsuki
			Shomenuchi Jodantsuki Yokomenuchi Ryotedori Ushiroryotedori	Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo Iriminage Kotegaeshi Shihonage Kokyunage Udekimenage [Koshinage]
			Tanto dori	Jiyuwaza
		Randori	1 Uke	
		Katadori	Ikkyo / Nikyo /Sankyo	
	SW	Shomenuchi	Ikkyo / Nikyo /Sankyo / iriminage	
		Ryotedori	Kokyuho	
Todo el programa Kihon Tantodori Tachidori / Jodori Hanmi handachi waza Futarigake 2 Uke	NIDAN			
		TW	Jiyuwaza	ataques tipo: Yokomenuchi, Jodan Tsuki, Ushiro-Ryotedori, Katateryotemochi
			Shomenuchi Jodantsuki Yokomenuchi Ryotedori Ushiroryotedori Ushiroryokatadori	IKKYO, NIKKYO, SANKYO, YONKYO, GOKYO Iriminage Kotegaeshi Shihonage Kokyunage Udekimenage Uchi/Soto Kaitennage [Koshinage]
			Tanto dori	Jiyuwaza
		Tachidori/Jodori	Jiyuwaza	
		Futarigake	2 Uke	
	HH	Katatedori	Shihonage Ikkyo/Nikyo Uchikatennage	
	SW	Yokomenuchi	Ikkyo / Nikyo /Sankyo/Iriminage/Kotegaeshi	
		Jodantsuki	Ikkyo / Nikyo /Sankyo / Iriminage	
		Ryotedori	Kokyuho	

Todo el programa Kihon					
Tantodori	SANDAN				
Tachidori / Jodori		TW	Jiyuwaza	Ushiroryotedori, Ushiroryokatadori, Katadorimenuchi, Katateriyotedori	
Hanmi handachi waza					
Taninzugake 3 Uke					
				Jodantsuki	Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo
				Yokomenuchi	Iriminage
				Ryokatadori	Kotegaeshi
				Ushiroryotedori	Shihonage
			Ushiroryokatadori	Kokyunage	
			Katadorimenuchi	Udekimenage	
		Ushirokatatedori-kubishime	Uchi/soto kaitennage [Koshinage]		
		Tanto dori	Jiyuwaza		
		Tachidori/Jodori	Jiyuwaza		
		Taninzu gake	3 Uke		
		HH			
			Ryotedori	Shihonage	
			Yokomenuchi	Ikkyo, Nikyo	
		Ushiroryokatadori	Uchikantennage Kotegaeshi		
		SW			
			Yokomenuchi	Ikkyo / Nikyo /Sankyo/Iriminage/Kotegaeshi	
			Shomenuchi	Jiyuwaza	
		Ryotedori	Kokyuho		